



## RETURN TO YOUTH FOOTBALL 2021

# WHAT WE'RE DOING

As youth football families seek a responsible return to play, USA Football works with leaders across medicine, football and athlete development to pave that path for youth leagues. Here's a look at the ways we have your back as you get back to youth football.

### Return Guidelines

A detailed document with recommendations on how to get back to the field this fall.

### Webinar

A conversation with one of the doctors that helped put together our guidelines.

### Prep Kit Checklists

A list of items – like disinfectant wipes and non-latex gloves – we encourage leagues and parents to have on hand this season.

### Monitor Program

An infographic outlining how to assign volunteers to specific roles to enforce guidelines.

### Signage

Print-ready signs that remind participants how to be responsible at the field.

### Medical Self-Check Guide

A list of symptoms for you to review before you and your family leave the house.

### What to do Before/During/After

Several things to do to before you get the field, while you're there and when it's time to leave.

### What Parents Want

Highlights from our survey of what parents are feeling, thinking and expecting to see this fall.

### More Ways to Play

If a full season isn't for you, here are other ways to enjoy the game. This includes Backyard Games and 60 Ways to Play.

### Coach Planner App

New tools on our app help coaches find drills, create practice plans and keep parents in the loop during practices and games.

### Activity Options

Drills and practice ideas for teams of all ages that respect all the guidelines within each phase of return.

### Kick, Throw & Go<sup>SM</sup>

A competition that lets kids show off and sharpen their skills using minimal shared equipment and plenty of social distance.

### How to Protect Yourself and Others

Key elements from our core guidelines that are simplified and designed for young athletes.

