



5 WAYS

to support your 12 and older athlete on the

PARTICIPATION PATHWAY



1

Encourage a joy-driven process focused on experience.

2 Embrace the social aspects for your child.



3 Respect your athlete's commitment level.

4 Support and nurture the goals of your athlete.



5 Encourage your child's development by saying "I love to watch you play...."



USAFOOTBALL.COM/FDM

The following organizations contributed to the creation of these resources for use by all sports organizations in the U.S.

