



2021 U.S. FLAG NATIONAL TEAM

Men's & Women's Rosters

The Men's and Women's Flag National Teams that will compete in the 2021 International Federation of American Football (IFAF) Flag Football World Championships in Jerusalem, Israel from December 6-8, 2021. USA Football, the sport's national governing body and a member of the U.S. Olympic & Paralympic Committee, manages U.S. National Teams for international play. IFAF is a provisional member of the International Olympic Committee.

The 2021 U.S. Men's roster features five members of the 2018 gold medal-winning team, while the U.S. Women's team returns nine players from the 2018 squad that earned America's first IFAF Women's Flag Football World Championship title. Held every two years since 2002, the 2020 IFAF Flag World Championships were rescheduled for 2021 due to the COVID-19 global pandemic.

2021 MEN'S FLAG NATIONAL TEAM ROSTER		
NAME	POSITION	HOMETOWN
Brian Alfieri	QB	Massapequa, N.Y.
Terrance Bunting	WR	Orlando, Fla.
Darrell Doucette	Athlete	New Orleans, La.
Terrance Fox*	WR	Bound Brook, N.J.
Eric Holliday*	QB	Lantana, Texas
Bruce Mapp	WR	Carrollton, Texas
Greg Meek*	WR	Garland, Texas
Anthony Pomo	C/WR	Midland Park, N.J.
Malik Ransom	DB	Spring Valley, Calif.
Manny Sanabia*	DB/WR	Miami, Fla.
Frankie Solomon*	DB	Dallas, Texas
Brandel Webb	DB	Dallas, Texas
Bryan Garcia	Head Coach	Granbury, Texas

2021 WOMEN'S FLAG NATIONAL TEAM ROSTER		
NAME	POSITION	HOMETOWN
Nadia Bibbs	WR/DB	Chicago, Ill.
Kassandra Bills	WR/DB	San Antonio, Texas
Mary Kate Bula	WR/DB	Charlotte, N.C.
Sheneika Comice*	WR/DB	Tampa, Fla.
Becca Crabb*	C/DB	Denver, Colo.
Mariah Gearhart*	R/WR	Orlando, Fla.
Vanita Krouch*	QB	Carrollton, Texas
Keisa Lankford*	C/R	Dallas, Texas
Joann Overstreet*	WR/DB	Lewisville, Texas
Michelle Roque*	QB/WR	Tallahassee, Fla.
Elizabeth Sowers*	WR/DB	Overland Park, Kan.
Ashley Whisonant*	WR/DB	Woodbridge, Va.
Chris Lankford*	Head Coach	Dallas, Texas

*2018 U.S. Flag National Team member

The U.S. Men's Flag Team has earned gold medals in each of the previous three IFAF World Championships: 2018 in Panama City, Panama; 2016 in Miami; and 2014 in Grosseto, Italy. The American men have participated in six IFAF Flag World Championships, winning gold in four of them – 2010, 2014, 2016 and 2018 – the most of any country in the event's history.

The U.S. Women's Flag Team will enter Israel looking to repeat as gold medalists, a feat it accomplished for the first time in 2018 in Panama. The women also have earned three silver medals (2010, 2012, 2014).

INTERESTED IN JOINING THE 2022 ROSTER?

You can learn more about the 2022 U.S. Flag National Team roster pathway and the road to the World Games in Birmingham, Ala. by visiting usafootball.com/nationalteams.